

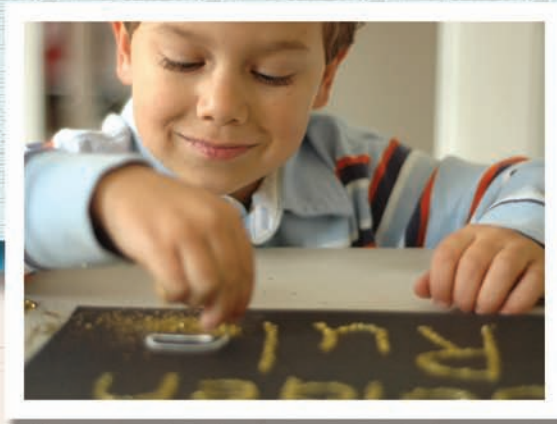
The Golden Rule

Universal belief: Do Unto Others as You Would Have Them Do Unto You

Season: Winter
Time: 45 minutes-1 hour
Country/Religion: Global
Age: 3-14

Materials: black paper
gold glitter/sequins
glue

Theme: The Golden Rule
Tolerance
Respect



Lesson:

All five major world religions follow the Golden Rule. Thinking about yourself and how you would or would not want to be treated creates empathy for someone else. This global sense of community leads to peace. It is the most common and important underlying theme among different faiths. In his book, *Oneness*, Jeffrey Moses outlines the Golden Rule for each major religion:

Hinduism: Do nothing to your neighbor, which hereafter, thou wouldst not have thy neighbor do to thee. Treat others, as thou wouldst thyself be treated.

Buddhism: Hurt not others with that which pains yourself.

Judaism: What is hurtful to yourself, do not to your fellow man.

Christianity: Do unto others as you would have them do unto you.

Islam: Do unto all men as you would they should unto you, and reject for others what you would reject for yourself.

Discuss what the Golden Rule means and why it is so important. Explain that while people may believe in different religions, there are many shared beliefs. Ask your children to give examples of how they would and would not like to be treated, and encourage them to follow the Golden Rule.

Project: Golden Art

Squeeze a bottle of glue and write (or drizzle) the Golden Rule on black paper. Cover the glue with gold glitter or gold sequins. Shake off excess glitter when you are finished and let dry. Place it in a prominent place for everyone in the family to read daily.

Opening: Blessing/Song/Prayer

Closing: Blessing/Song/Prayer